



Handout 2: Baby Bear’s Advice for Good Passwords

Password Do’s	Password Don’ts
<ol style="list-style-type: none"> 1. At least eight characters 2. Use upper- and lower-case letters 3. Use numbers and symbols (&%\$#) 4. Should be changed regularly 5. Should only be shared with a parent or guardian in case you forget it 	<ol style="list-style-type: none"> 1. Don’t use your email address as a password 2. Don’t use private information 3. Should not be the same on all sites 4. Don’t share with friends

Examples of the Strength of Good Just Right Passwords

Adding a few values can make your password much stronger. If your password is stronger, it is harder for hackers to guess or crack your code. Researchers have studied the length of time it would take to guess or crack passwords. See how much longer it takes to guess Goldi’s password just by adding a few more characters or numbers:

Goldi – 26 Seconds

GoldiPlays – 300 Years

GoldiPlays! 6,000 years

GoldiPlays!Hockey5 – Over a Million Years